



what's new for 2026?

Healthcare Premiums: There are no changes to medical and dental premiums in 2026. There is a decrease to vision premiums.

Consumer Health Plan: Due to IRS requirements, the deductibles are increasing in this plan. In 2026, a copay will apply to virtual care & telemedicine visits.

Balanced Choice Plan: The in-network deductible, out of pocket maximum, and copays for non tier-1 primary care and specialists are decreasing.

Virtual Cancer Clinic: Personalized cancer screening plans and expert support for patients and caregivers.

Goomi Group: Get access to live and on demand virtual fitness classes.

HSA contribution limits go up for individual and family coverage: For 2026, the IRS has increased the maximum amount that can be contributed to a Health Savings Account (HSA). This year, the amount your HSA can receive increases to \$4,400 for team member only coverage and \$8,750 for family coverage. Sabre's contributions of \$500 for team member only coverage and \$1,000 for family coverage count toward the maximum amount you can contribute.

Dependent Care FSA: For 2026, the IRS has increased the maximum amount that can be contributed to a Dependent Care Flexible Spending Account (DCFSA). The new annual maximum contribution is \$7,500.